



Join in the conversation about the impact of a positive mindset on a person's chances in life and in college. Does a person's belief in his or her ability to achieve influence success at achieving a life goal?

This year's common reader is *Mindset* written by the world renowned Stanford University psychologist, Carol S. Dweck, Ph.D. It is an easy read and the book takes a comprehensive look at the impact of a fixed mindset on success outcomes. Dr. Dweck shares that it is not just talent and intelligence that bring success but more often how each person approaches a goal which impacts achieving it. Don't miss these powerful book discussions.

There will be three discussions held on each campus. As in the past, we plan to publish the outcome of the discussions to this page. So that a person unable to engage in the dialogue can still participate.

### **FIRST DISCUSSION**

Chapters 1-3 (Pp 1-81) The Mindsets, Inside the Mindsets, The Truth About Ability and Accomplishment

**Helena-Monday, November 21 at noon in A-120** (Discussion Leader-Natacia Davis)

**DeWitt-Wednesday, November 16 at 8:30 in the Conference Room** (Discussion Leader-Carolyn Turner)

**Stuttgart-Friday, November 18 at 8:30 in the Conference Room** (Discussion Leader-Kim Kirby)

### **SECOND DISCUSSION** (Date will be posted in January, 2017)

Chapters 4-6 (Pp 82-165) Sports: The Mindset of a Champion, Business: Mindset and Leadership, Relationships: Mindset in Love (or Not)

Helena-TBA

DeWitt-TBA

Stuttgart-TBA

### **THIRD DISCUSSION** (Date will be posted in January of 2017)

Chapters 1-3 (Pp 173-246) Parents, Teachers, and Coaches: Where Do Mindsets Come From? Changing Mindsets

Helena-TBA

DeWitt-TBA

Stuttgart-TBA

Guest Speaker at the End of the Discussion Series-We have not selected the speaker at this time but the tentative date is Friday, April 7, 2017.