



## RESOURCES FOR ADULTS, CHILDREN & FAMILIES (updated 9/16)

<b><u>Abuse/Victim Rights</u></b>		<b><u>Food Bank</u></b>	
Adult Abuse & Neglect Hotline	800-482-8049	Barton Baptist Church	870-572-7922/870-816-7222
AR VINE Program (Victim Information and Notification Everyday)	800-510-0415	Grace Community Food Pantry	870-338-3021
Child Abuse Hotline	800-482-5964	Mid Delta Meals on Wheels	870-572-2879 (Helena-W. Helena) 870-827-6631 (Lakeview) 870-829-3866 (Marvell)
Child Emergency Housing	501-455-8554 (Little Rock) 870-935-5134 (Jonesboro) 479-521-1296 (Fayetteville)		
Crime Victims Reparations Board	800-448-3014	<b><u>Glasses</u></b>	
Crisis Intervention Agency	888-818-4673	Lions Club – Wesley Toney	870-338-3061
Dana’s House (Shelter for Abused/ Neglected Children)	870-946-8303		
Helena-West Helena Police Dept.	870-572-3441	<b><u>Healthcare Services</u></b>	
Kristin Brooks Hope Center (Depression/Suicide)	800-442-4673	Phillips County Health Department	870-572-9028
Moriah House (by referral)	901-526-8403	Helena Regional Medical Center	870-338-5800
National Domestic Violence Hotline	800-799-7233	Tri County Rural Health Network	870-338-8900
National Suicide Prevention Lifeline	800-273-8255		
Phillips County Sheriff’s Office	870-338-5555	<b><u>Housing &amp; Shelters</u></b>	
Sexual Violence Crisis Hotline/ Safe Places	501-590-2466	Angels of Grace Battered Women’s Shelter	870-338-8447
Teen Dating Abuse Helpline	866-331-9474	Child Emergency Housing	501-455-8554 (Little Rock) 870-935-5134 (Jonesboro) 479-521-1296 (Fayetteville)
Women & Children First	800-332-4443	Helena Housing Authority	870-338-3478
		West Helena Housing Authority	870-572-6702
<b><u>Alcohol &amp; Drug Issues</u></b>			
Alcoholics Anonymous	870-572-6623	<b><u>Legal Assistance</u></b>	
East Arkansas Substance Abuse	870-817-0610	Legal Aid of Arkansas	800-952-9243 (Help Line) 870-338-9834 (Helena)
US Drug Enforcement Admin.	501-217-6500	Juvenile Probation Officer	870-338-5525
Wilbur Mills Treatment Center	800-592-9503		
		<b><u>Medical Equipment</u></b>	
<b><u>Community Support</u></b>		Arkansas Rehab	870-338-2753
Alzheimer’s Arkansas www.alzark.org	800-689-6090		
Area Agency on Aging	800-467-3278	<b><u>Physicians</u></b>	
Boys, Girls, Adults Community Development Center	870-816-5110 (West Helena) 870-829-3274 (Marvell)	Bailey Family Practice	870-572-6720
Children & Family Services	870-338-8391 501-682-8770	Bell Clinic	870-338-8163
Delta Health Educational Center / UAMS	870-572-2727	Dr. Scott Hall	870-338-8308
Dept. of Human Services Client Assistance	870-816-3200 800-482-8988	Pillow Clinic	870-572-5996
FBI	501-221-9100	Webber Family Practice	870-338-9244
Mid-South Health Systems Emergency Number	870-338-3900 800-382-3117		

<b>Community Support cont'd</b>		<b><u>Pregnant / Reproductive Issues</u></b>	
Phillips County Child Support	870-572-3545	Abba House (Abba Adoption)	501-663-3596 866-721-1551
Phillips County Development Center	870-572-3417 or 870-572-7447	Hannah House	479-782-5683
Poison Center	800-222-1222	Ernest Mak, MD	870-816-3800
U.S. Marshal	501-324-6256	Moriah House (by referral)	901-526-8403
Tri County Rural Health Network (help with Medicaid applications, equipment, Home Health, etc.)	870-338-8900	National Pregnancy Helpline	800-672-2296
		Promise House	501-376-4791
<b><u>Diabetes Clinic</u></b>		<b><u>Prescription Assistance</u></b>	
Delta Area Health Education Ctr.	870-572-2727	Delta Area Health Education Ctr. (Emergency Prescription Program)	870-572-2727
		Mid Delta Consortium	870-572-5416
<b><u>Disability</u></b>		Needymeds.com (print application and have doctor sign)	
Arkansas Rehab (tuition & books)	870-338-2753	Rx Access	800-444-4106
Disability Rights Center	800-482-1174	Helena Cab Co.	870-338-8806
Employment Sources Hotline (working disabled confidential advice)	866-283-7900	Mid Delta Transit Co.	870-338-9004
National Association of Disability Representatives	800-747-6131		
SOAR Program (disability apps.) <a href="http://www.prainc.com/soar">www.prainc.com/soar</a>	870-702-5936	<b><u>Utility Assistance</u></b>	
Social Security Administration	800-772-1213	CenterPoint Energy	800-992-7552
		Power to Care (Entergy assistance) (Linda Barnes)	501-690-2773
<b><u>Emergency Services</u></b>		Mid-Delta Community Services	870-338-6406
Arkansas State Police	501-569-2421		
Bureau of Alcohol, Tobacco, Firearms & Explosives	800-800-3855	<b><u>Veteran's</u></b>	
Emergency Assistance	911	Veterans Affairs Office (David Anderson)	870-753-9109 or 870-338-5500
Helena-West Helena Police	870-572-3441		
Sheriff's Department	870-338-5555	<b><u>Work/Employment</u></b>	
US Marshal	501-324-6256	Arkansas Dept. of Workforce Services	870-338-7415
		Arkansas Rehab Services	870-338-2753
		Employment Security Department	870-338-7415
		Employment Solutions	870-338-8333

## Phillips Community College Resources for Student Success

Career Pathways (supportive services such as assistance for, child care, transportation, books/supplies for eligible students)	T & I Building	870-338-6474 ext 1054
Adult Education	Adult Ed Bldg.	870-338-6474 ext 1394
Financial Aid	Bonner Center	870-338-6474 ext 1258
Admissions/Registrar	Administration	870-338-6474 ext 1337
Library/Media Center	Library Building	870-338-6474 ext 1246
Tutoring Assistance	Arts & Sciences Building	870-338-6474 ext 1135
Computer Access	Library Building	870-338-6474 ext 1246

### Toll Free Numbers

Adult and Child Abuse	1-800-482-5964
Adult Protective Services	1-800-482-8049
AIDS Hotline	1-800-367-2437
Al-Anon and Alateen	1-800-356-9996
Alzheimer's Association	1-800-272-3900
American Academy of Husband Coached Birth	1-800-422-4784
American Association of Kidney Patients	1-800-749-2257
American Board of Medical Specialties	1-800-776-2378
American Cancer Society	1-800-227-2345
American Chronic Pain Association	1-800-632-0922
American Council on Alcoholism	1-800-527-5344
American Diabetes Association	1-800-342-2383
American Heart Association	1-800-242-8721
American Heart Association Stroke Connection	1-800-553-6321
American Kidney Fund Inc.	1-800-638-8299
American Liver Foundation	1-800-223-0179
American Lung Association of Arkansas	1-800-586-4872
American Lupus Society	1-800-331-3118
American Parkinson's Disease	1-800-223-2732
American Speech, Language, Hearing Association	1-800-638-8255
American Trauma Society	1-800-556-7890
Arkansas Access Health Program	1-800-950-8233
Arkansas Arthritis Foundation	1-800-482-8858
Arkansas Department of Human Services – Division Of Services for the Blind	1-800-960-9270
Arkansas Division of Vital Records	1-800-255-2414
Arkansas Epilepsy Society	1-800-332-1000

Arkansas Head Injury Foundation	1-800-235-2443
Arkansas Poison Control Center	1-800-222-1222
Arkansas Special Education Resource Center	1-800-482-8437
Asthma and Allergy Foundation of America	1-800-727-8462
Auto Safety Hotline	1-800-424-9393
Battered Women Hotline	1-800-332-4443
Better Business Bureau	1-800-482-8448
Campaign for Healthier Babies	1-800-235-0002
Careline	1-800-235-0002
Child Help!	1-800-442-4453
Cocaine Hotline	1-800-262-2643
Consumer Product Safety Commission	1-800-638-2772
Consumer Protection Division	1-800-482-8982
Counseling Associates	1-800-844-2066
Crisis Intervention	1-800-542-1031
Crohn's Disease and Colitis Foundation of America	1-800-932-2423
DHS Customer Assistance	1-800-482-8988
Depression Awareness, Recognition and Treatment	1-800-421-4211
Donate Blood or Plasma	1-800-448-3543
Dyslexia Society	1-800-222-3123
Family Service Agency	1-800-255-2227
Health Resource Center on Domestic Violence	1-800-313-1310
Food Safety and Inspection Service	1-800-535-4555
IRS	1-800-827-5722
Lupus Foundation of America	1-888-385-8787
Medicare	1-800-633-4277
Multiple Sclerosis Society	1-808-800-8000
National Center for Youth with Disabilities	1-800-695-0285
National Council on Alcoholism	1-800-622-2255
National Down Syndrome Society Hotline	1-800-622-2255
National Easter Seal Society	1-800-221-6827
National Eye Care Project	1-800-222-3937
National Hotline for Missing Children	1-800-843-5678
National Institute on Drug Abuse	1-800-644-6432
National Marrow Donor Program	1-800-727-7692
National Pesticide Information Center	1-800-858-7378
National Youth Crisis Hotline	1-800-448-4663
Office of Civil Rights	1-800-368-1019
Office of Fair Housing and Equal Opportunity	1-800-669-9777

Office of Long Term Care	1-800-582-4887
Parents' Hotline	1-800-421-0353
Planned Parenthood	1-800-230-7526
Public Service Commission	1-800-794-4175
Runaway Hotline	1-800-624-4000
Second Surgical Opinion Program	1-800-543-2782
Serious Mental Illness	1-800-844-0381
Social Security	1-800-772-1213
St. Jude's Research Hospital	1-800-238-6030
Susan G. Komen for the Cure	1-800-462-9273
U.S. Dept. of Health and Human Services	1-800-638-0742
United Cerebral Palsy Association	1-800-872-5827
Veterans' Benefit Information	1-900-827-1000
YMCA of the USA	1-800-872-9622